

## Training vests

# StressVest adds physical consequences to training

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The StressVest™, made from the same manufacturers of the ShockKnife™, is a vest worn over everyday clothes that contains laser-sensitive panels on the front and back of it. When the vest is hit by a laser beam from an opponent's firearm, the vest will emit a brief but painful shock. The amount of shock can be adjusted or even calibrated so that it will not trigger unless it is hit multiple times.

In addition, accessory panels can be added so that a wearer's arms will also feel the same sensation.

The triggering lasers originate from bullet-sized emitters that can be placed into real pistols or shotguns equipped with a special kit.

The concept for the StressVest™ comes as an extension of the ShockKnife™, which aims to add negative reinforcement to training scenarios. In most practice situations, rubber knives are used, but these have no consequences. With the ShockKnife™, individuals who come into contact with the knife's edge will experience a harmless but painful high voltage shock, providing a realistic and immediate consequence.

The basic model of the StressVest™ costs roughly \$2,000.